



"Clinical Nutrition for Health Professionals"

116 Holloway Rd., Ste. B • Ballwin, MO 63011

636-386-3333

Where to Purchase Traditional Foods and Meat in the St. Louis Area

Retail Stores

◆ **Trader Joe's**

48 Brentwood Promenade Ct.
Brentwood, MO 63144
314-963-9837

1679 Clarkson Rd.
Chesterfield, MO 63017
636-536-7846

11505 Olive Blvd,
Creve Coeur, MO 63141
314-569-0427

13343 Manchester Rd.
Des Peres. MO 63131
314-984-5051

◆ **Whole Foods Market**

1601 S. Brentwood Blvd.
St. Louis, MO 63144
314-968-7744

1160 Town & Country
Crossings
Town & Country, MO 63017
636-527-1160

◆ **Global Food Market**

412 N. Kirkwood Rd.
Kirkwood, MO 63122
314-835-1112
Www.globalfoodsmarket.com
• Kosher, Hallal & other
ethnic foods from
around the world

◆ **Golden Grocer Natural Foods**

335 N. Euclid Ave.
St. Louis, MO 63108
314-367-0405
www.goldengrocer.com

◆ **New Dawn Natural Foods**

3536 Arsenal St.
St. Louis, MO 63118
314-772-9110

◆ **New World Natural Health Foods, Inc.**

4053 Union Rd,
St. Louis, MO 63129
314-487-8310

◆ **Sappington International Farmer's Market**

8400 Watson Rd.
St. Louis, MO 63119
314-843-7848
www.sappingtonfarmersmkt.com

Other Sources

◆ **AMDG Organic Farms**

Paul Gnaedinger
Pocahontas, IL 62275
AMDG@frontier.net
•Organic corn, wheat &
oat
•Grass-fed beef

◆ **Bellews Creek Farm**

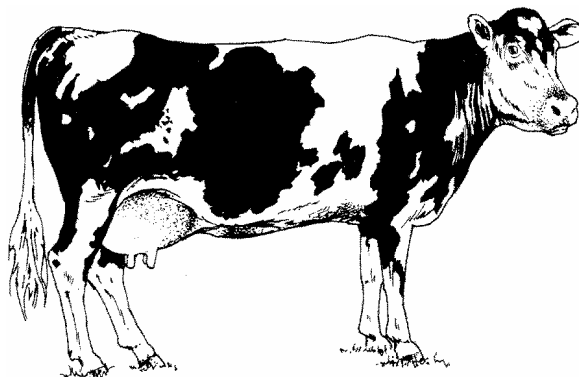
Paul & Nancy Krautmann
8095 Hwy BB
Hillsboro, MO 63050-1401
636-274-7236
•Organic produce

◆ **Sue Baird**

Missouri Department of
Agriculture
573-751-2148
sue_baird@mail.mda.state.mo.us
www.bbfarm@fidnet.com

◆ **Benne's Best Meat**

Ron & Jolene Benne
850 South Breeze
St. Charles, MO 63304
636-926-9364
www.bennesbest.com
• Beef, eggs, pork &
produce
• No antibiotics or
hormone implants





◆ **Merryl Winstein**

1041 Bompat
Webster Groves, MO 63119
314-968-2596
www.cheesemakingclass.com

- Free-range eggs
(brown, white & blue shells)
- Raw goat milk
- Cheese-making classes
- Berries & vegetables

◆ **Vesterbrook Farm**

16991 Hwy W
Clarksville, MO 63336
573-560-0871 (cell)
573-242-3401 (farm)
573-242-3402 (fax)
mdbrafo@att.net
www.vesterbrookfarm.com

◆ **Double Diamond D Dairy**

Deb & Dale DeWeese
Lonedell, MO 63060
314-392-8414 **or** 636-629-1647
www.doublediamondddairy.com

- Quality dairy goats
- Fresh goat & cow's milk
- Goat milk soap & products

◆ **Goatsbeard Farm**

Ken & Jennifer Muno
11351 Callahan Creek Rd.
Harrisburg, MO 65256
573-875-0706
www.goatsbeardfarm.com

◆ **Hammer's Farm**

Larry Hammer
Old Halls Ferry Tables, Ltd
15310 Old Halls Ferry Rd.
Florissant, MO 63034
314-838-5848
info@wagonrides.com
www.wagonrides.com/mulch.php

- Grass-fed beef

◆ **Indian Creek Beef Farm LLC**

Jim Burrows
2095 Arcadia Rd.
Jacksonville, IL 62650
217-473-5529
indiancreek3@yahoo.com

◆ **"R" Farm**

Walter & Carol Gregory
RR 1 Box 229
Dow, IL 62022
618-466-8110

- Organic meats & produce

◆ **Seven Thunder Bison**

3423 Johns Cabin Rd.
Wildwood, MO 63038
636-273-4189
www.seventhunderbison.net

- Buffalo meat products
- Delivery available

◆ **Misty Glen Farm**

Bonnie Wilson
16842 State Hwy 185
Potosi, MO 63664

- Raw cow milk, cream & eggs

