

## Are Your Health Problems Yeast Related?

If you answer "yes" to any question, circle the number in the right hand column. When you've completed the questionnaire, add up the points you've circled. Your score will help you determine the possibility (or probability) that your health problems are connected to yeast.

		SCORE
1. Have you taken repeated or prolonged courses of antibacterial drugs?	Y/N	4
2. Have you been bothered by recurrent vaginal, prostate, or urinary infections?	Y/N	3
3. Do you feel "sick all over", yet the cause hasn't been found?	Y/N	2
4. Bothered by hormone disturbances including PMS, menstrual irregularities, sexual dysfunction, sugar cravings, low body temperature, or fatigue?	Y/N	2
5. Are you unusually sensitive to tobacco smoke, perfumes, chemical odors, etc.?	Y/N	2
6. Bothered by memory or concentration problems? Do you sometimes feel "spaced out"?	Y/N	2
7. Have you taken prolonged courses of prednisone or other steroids? Or have you taken "the pill" for more than 3 years?	Y/N	2
8. Do some foods disagree with you or trigger your symptoms?	Y/N	1
9. Do you suffer with constipation, diarrhea, bloating, or abdominal pain?	Y/N	1
10. Does your skin itch, tingle, or burn; is it unusually dry; are you bothered by rashes?	Y/N	1
<b>TOTAL</b>		_____

**Scoring for Women:** If your score is 9 or higher, your health problems are probably yeast related. If your score is 12 or higher, your health problems are almost certainly yeast related.

**Scoring for Men:** If your score is 7 or higher, your health problems are probably yeast related. If your score is 10 or more, your health problems are almost certainly yeast related.

### AUTHORIZATION FOR TREATMENT & CANCELLATION POLICY

I authorize the health practitioners at Nutrition Clinic to administer treatment to me and advise me with nutritional counseling, and I authorize any additional procedures as the doctors may consider desirable on the basis of findings and determinations made during the course of treatment. I understand that the purpose of all nutritional protocol is to provide special food concentrates for dietary purposes. The nutritional protocols are not by any means intended to diagnose or cure any disease.

If I cancel or re-schedule my appointment without 24-hours's notice, I understand the Clinic will require that I **pre-pay** the consult fee for my **next** appointment at the time I schedule. This policy also includes non-honored appointments. (Exceptions occasionally may be made.)

**Nutrition Clinic's policy is that nutritional supplements are NOT refundable or exchangeable due to insurance requirements and the maintenance of quality control of our inventory.**

Date \_\_\_\_\_

\_\_\_\_\_  
Patient Signature

We thank you in advance for your cooperation

\_\_\_\_\_  
Print Name